

## Adapt CeraRing™ convex barrier rings

Adapt CeraRing convex barrier rings are infused with ceramide. Ceramides help protect the skin's natural moisture barrier to help prevent water loss that may lead to damage and dryness. It is designed to help support healthy skin and provide a custom fit to help prevent leakage and peristomal skin complications.



Stoma that is below skin level



Convex skin barrier in place



- A secure and reliable seal between the peristomal skin and ostomy skin barrier is necessary to protect healthy peristomal skin from stoma discharge
- Skin barriers are either convex or flat. Convex simply describes the shape of the barrier
- Convexity may be recommended to increase the wear time of the ostomy pouching system

### General Information

- The convex shape helps to provide a soft convex push to help create a flatter skin surface with gentle pressure
- The extended-wear material holds the convex shape more readily than flat barrier rings
- Can be cut or stacked together to improve the fit of your pouching system
- Available in oval and round shapes, each in three differing sizes for helping provide optimised fit
- Use to create:
  - Round or oval convexity
  - Deep convexity when applied to a convex barrier (Figure 1)
  - Flexible convexity when applied to a flat barrier (Figure 2)

### Using Adapt CeraRing Convex Barrier Rings

1. Wash and dry your skin thoroughly
2. Remove the protective coverings from both sides of the barrier ring (Figure 3)
3. You may choose to:
  - Apply the flat side of the barrier ring to the adhesive side of your skin barrier, and then apply your pouching system (Figures 4, 5)
  - Apply the raised side of the barrier ring to your skin and then apply your pouching system
4. To remove, gently peel away from the skin when you change your skin barrier



Figure 1



Figure 2



Figure 3



Figure 4



Figure 5

## Adapt CeraRing™ convex barrier rings

### Frequently Asked Questions

**Q: How do I know what size and shape barrier ring to use?**

A: Select the barrier ring size and shape that most closely matches the size and shape of your stoma.

The barrier rings may be stretched slightly in any direction to provide a custom fit for your stoma.

**Do not overstretch.**

**Q: What if the barrier ring is too big for my stoma?**

A: You can make the barrier ring smaller by cutting away a section and pressing the cut ends back together.

**Q: Does it matter which side of the barrier ring goes next to my skin?**

A: Yes. Apply the flat side of the barrier ring to the adhesive side of your skin barrier.

**Q: Can I use this if my skin is irritated?**

A: Yes\*, Adapt convex barrier rings are alcohol-free, so there is no sting from alcohol when applied to broken or irritated skin.

*\*Irritated skin near the stoma should be evaluated by a qualified Stomal Therapy Nurse, who will help determine the cause of the skin problem and how to prevent further injury.*

#### Convex Round

Inner Diameter	Code
20 mm – can be stretched to 25 mm	89520
30 mm – can be stretched to 35 mm	89530
40 mm – can be stretched to 45 mm	89540

#### Convex Oval

Inner Diameter	Code
22 x 38 mm	89601
30 x 48 mm	89602
38 x 56 mm	89603

### Additional Instructions:

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For product questions and sampling needs call:

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Routine follow-up with your Stomal Therapy Nurse is recommended.

Prior to use, be sure to read the Instructions for Use for information regarding Intended Use, Contraindications, Warnings, Precautions, and Instructions.

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