

WARNING: To help reduce the potential for infection and/or other complications, do not reuse.

WARNING: If discomfort or any sign of trauma occurs, discontinue use immediately and consult your healthcare professional

DESCRIPTION:

- Ready-to-use, single-use closed system intermittent catheter.
- Hydrophilic-coated, Phthalate-free catheter.
- Protective tip and sleeve supports no-touch insertion technique.
- 2 smooth catheter eyelets.
- Colour-coded connector indicates catheter size.
- Easy-to-remove ring cap.
- 1000 mL collection bag.
- Not made with natural rubber latex.

INDICATIONS FOR USE: This intermittent catheter is a flexible tubular device that is inserted through the urethra by male, female and paediatric patients who need to drain urine from the bladder.

PRECAUTION: Please consult your paediatric healthcare professional before using this product if any of the following conditions are present:

- Severed urethra.
- Unexplained urethral bleeding.
- Pronounced stricture.
- False passage.
- Urethritis – inflammation of the urethra.
- Prostatitis – inflammation of the prostate gland.
- Epididymitis – inflammation of the epididymis. (testicle tube)

PRECAUTION: Self-catheterisation should follow the plan of care and advice given by your healthcare professional and be carried out only in accordance with the instructions for use provided. Because catheterisation frequency varies by person, the recommended frequency of your catheterisation should be provided by your healthcare professional. For any other questions about your catheterisation, please contact your healthcare professional.

NOTE: Store boxes in a flat position and at normal room temperature.

This product consists of polyurethane sleeve, thermoplastic elastomer tip, and tubing not made with DEHP.

Australia
www.hollister.com.au
Customer Care: 1800 880 851

New Zealand
www.hollister.co.nz
Customer Service: 0800 678 669

Australia
www.hollister.com.au/vapropocket

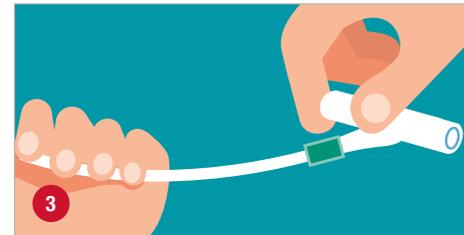
New Zealand
www.hollister.co.nz/vapropocket



Boys' Guide for Use

VaPro Plus Pocket™
No Touch Intermittent Catheter

Assemble all equipment and prepare the area.



1 Wash your hands as advised by your healthcare professional.

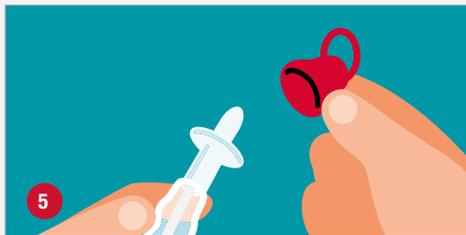
Position yourself to carry out intermittent catheterisation. Manipulate your clothing to access your genitalia.

2a Open the package. To open package, pull finger hole toward you and all the way down.

2b Remove the catheter from the package.

3 With collection bag facing up, hold the catheter in one hand while pushing the bag away from the catheter with the other hand to break the paper band. Unfold collection bag. Leave the catheter on the lap, sink or other flat surface.

4 Hold the penis with your non-dominant hand and don't let go until you have finished the procedure. Pull back foreskin (if present) and cleanse the glans as you were trained by your healthcare professional.



5 Remove the cap from the protective tip of catheter.

6 Hold the catheter in one hand, and with the other hand advance the catheter forward until tip of the catheter fills the protective tip, taking care that the catheter does not protrude from the tip.

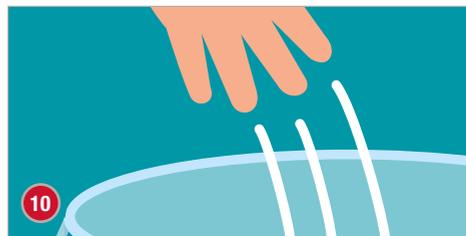
Grasp catheter below protective tip plate.

7 Using your fingers and forefinger of your non-dominant hand squeeze glans gently to open the urethral opening. With your dominant hand, insert the protective tip until the plate comes in contact with urethral opening.

8 Insert the catheter forward until urine starts to flow.

Once urine flow has stopped slowly withdraw the catheter. If urine flows again, pause until urine stops. After you're sure the bladder is empty, remove the catheter completely. Reposition the foreskin (if present).

After catheterising hold collection bag by handle.



9 To empty the collection bag before disposing, tear at the arrow (Tear here to empty) to drain.

10 Dispose of the catheter, collection bag, and packaging in a disposal bin. DO NOT FLUSH DOWN TOILET.

11 Wash your hands.